

▶◀ THE DROP

MEASUREMENT GUIDE

1. HEIGHT

2. WEIGHT

3. CHEST

Measure around the fullest part of the chest, ensuring that the tape is not too tight but can move freely. Measure with two fingers allowance.



4. STOMACH

Measure around the narrowest part of your back. Ensure the tape is parallel and not too tight, but can move freely.

5. WAIST

Measure so that the tape 'mimics' where you wish to have the waistband, ensuring that it is neither too tight nor too loose.



6. HIP / SEAT

Measure around the fullest part of the hip, with two fingers allowance and ensure the tape is not too tight but can move freely.



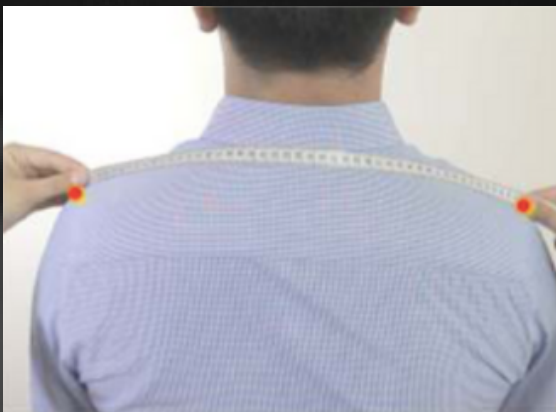
7. THIGH

Measure around the thigh at the widest point, with two fingers allowance and ensure that the tap is not too tight but can move freely.



8. BICEP

Measure around the fullest part of the upper arm with one finger allowance.



9. SHOULDER

Measure from your left shoulder point across the nape to the right shoulder point.

- Find your shoulder point: starting from the neck shoulder point, move along the shoulder line to the end the muscle – there should be a small bone.

10. SLEEVE

Measure from the shoulder point to the middle finger knuckle with the tape in a straight line and not too tight or too loose. **Reduce this measurement by 4cm.** Let us know if you have a specific request with regard to sleeve length



HEIGHT (CM)	TYPICAL RANGE (CM)	AVERAGE (CM)
158-162	51-62	56
162-166	52-66	59
166-170	53-68	60
170-174	54-70	61
174-178	56-71	63
178-182	56-72	64
182-186	57-73	66
186-190	58-74	67
190-194	59-75	69
194-198	60-76	69
198+	62-77	71

11. OUTSIDE LEG

Measure this from the top of the waistband to the floor. **Reduce this measurement by 3cm.** Let us know if you have a specific request with regards to this length.



CHECK YOUR MEASUREMENT

The typical outside leg length varies depending on height – please see the chart below. All measurements are taken from the top of the waistband to the floor, minus 3cm.

HEIGHT (CM)	TYPICAL RANGE (CM)	AVERAGE (CM)
158-162	85-97	91
162-166	86-101	95
166-170	87-103	97
170-174	89-105	98
174-178	90-110	101
178-182	92-112	102
182-186	94-114	105
186-190	96-117	107
190-194	97-119	108
194-198	100-120	111
198+	101-125	113